

Sons of Calvary

St. Lawrence Seminary Alumni Magazine

Volume 4 Issue 2 Winter 2018-2019



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SLS Strategic Planning

BRINDISI AWARD RECIPIENTS

An Alumni Guide to Getting Back in the Calvary Spirit

ANNUAL ALUMNI REUNION RECAP

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Students braved the cold January temperatures to participate in a day of outdoor activities that marked the 46th annual Winter Carnival.





Editor's Note

Every morning on my drive to work I get to relive a moment from my childhood: cresting a hill on a country road and seeing St. Lawrence Seminary appear in the distance. You probably remember this experience too. Maybe you first saw those stately, old buildings above the trees while arriving for your weekend visit. Or maybe you first spied the Hill as a new student, having just arrived from far away. Or maybe it was, as it was in my case, on the car ride to visit your older brother.

Whatever the circumstances around that first journey to Calvary, our experiences were probably similar: a sense of awe at the size and grandeur of this campus set amid forests and farm fields. And, every time you return, your response is likely similar too. Unlike many of the buildings of our youth, St. Lawrence Seminary seems to emerge in the distance just as large and impressive today as it did in our earliest memory.

Eventually, we all move on from our high school days and our lives take most of us far, far away from this place. And, as life often gets in the way of our best intentions, lots of us haven't been able to get back to campus for many, many years. What's a Son of Calvary to do to stay connected with St. Lawrence Seminary?

You are welcome on this campus. In this issue we look at some ways you can reconnect with St. Lawrence Seminary—both on campus and from afar. Read about how you can set up a visit that suits your schedule or how you can host an alumni gathering near you. And if nothing else, wherever you are, you can at least stand up and sing the Alma Mater (it's printed on page 22) and reminisce about that first journey to the Hill.

-Anthony Van Asten '01





From the Rector's Desk

Over the past three months, I had the honor of promoting St. Lawrence Seminary abroad. This past November, I represented SLS at a boarding school fair in Dhahran, Saudi Arabia, sponsored by the Saudi Aramco Expatriate Schools. This past January, I traveled to Vietnam and South Korea to collaborate with the parents of our current students in promoting SLS in those countries.

On both occasions, a most profound lesson I have gleaned is that parents are among our best ambassadors. In Saudi, they were present at the school fair. In Vietnam and Korea, they invited prospective candidates and their parents to attend our presentation and meet with us. The parents know us well and are eager to share the good news of our mission with others.

But it's not only the parents. You alumni are also great ambassadors for our school. Tobias Beutgen, a German-exchange student in the late 1990s only stayed at SLS for two years, and the impact this school had on him was enormous. Now a successful businessman in the Middle East, Tobias promotes SLS at parishes and school fairs in Dubai and Abu Dhabi. He hopes to send his sons here someday.

I am grateful for the support our alumni show to SLS. Some return to join the staff. Others attend celebrations and take part in alumni events. Still others support our programs financially and become our benefactors. There are many ways of supporting your beloved alma mater. Perhaps, the most exigent among them is to refer a student. Like Jesus calling his disciples, you can invite prospective students to "come and see" what St. Lawrence Seminary has to offer.

-Fr. Zoy Garibay



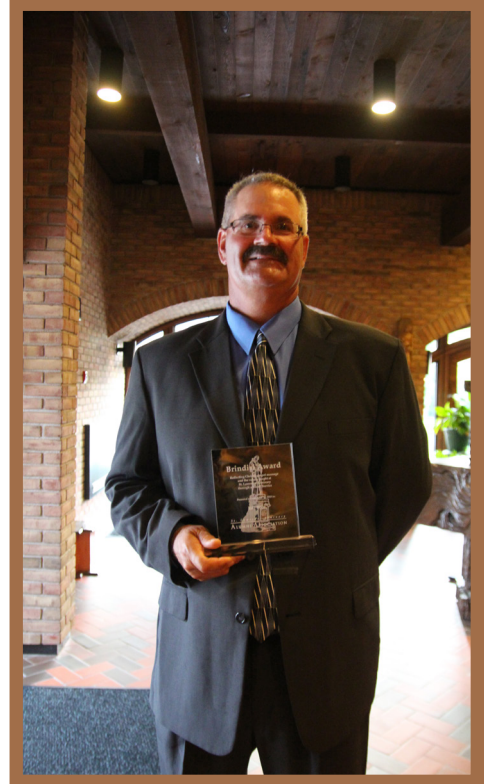
PROFILES OF GREAT SONS OF CALVARY

The 2018 Brindisi Award Recipients

by: Bill Burge '85

Eric Boos '83

After earning his doctorate in Philosophy from Marquette University, Eric and his wife Karene accepted an invitation to help build a new Catholic college in East Africa. They have spent the decades since on various service and social development projects in Tanzania, even moving there recently for an extended period. In the early 2000s, Eric and Karene both earned law degrees from UW-Madison with the sole purpose of opening a law school in Tanzania. Eric has initiated several clean water and sustainable agriculture projects and social responsibility programs for multi-national corporations that do business in Tanzania.



HOW HAVE YOU BEEN INFLUENCED BY
ST. LAWRENCE SEMINARY?

"I was changed by the Capuchins' focus on social justice."

In early 2012, Eric and Karene learned of the plight of albino children in Tanzania. These children are hated and feared. A bounty on their body parts, driven by superstitious belief, often leads to their murder and mutilation. Eric and Karene's most recent mission is turning a 10-acre site on the edge of the Serengeti into a refuge for up to 200 children with albinism. They have established a non-profit named ZeruZeru – the Swahili word for Albino. Eric is also

working through the legal system in Tanzania to frame albinism as a human rights issue so that protections will get written into law.

The couple has included their four children in much of their ministry work.

Eric was appointed as advisory counsel to the African Union's Commission on International Law. He has taught law and philosophy for more than 25 years and specializes in international law and human rights.

Eric's motto in the 1983 *Laurentian* Yearbook is in part, "to show others the happiness in the gift of life"... and he has. ■

Jose Alonso '99

Once he graduated from St. Lawrence, Jose earned his bachelor's degree in Political Science and Sociology from Northwestern University and went on to earn his law degree from the Loyola University Chicago School of Law. Since graduating law school in 2007, Jose has dedicated his life to issues of social justice, particularly for new immigrants - providing legal counsel and educating immigrants about their rights.

Jose received the Chicago Bar / *Chicago Sun-Times* Public Interest Fellowship in 2015, the Peace and Education Sr. Leadership Award and the Loyola Law School Alumni Public Interest Award in 2016, and was recognized by the Chicago Bar Foundation in 2017 for his extraordinary advocacy and accomplishments on behalf of low-income migrants and seasonal workers.

Jose was elected as a Community Representative for the Back of the Yards College Prep HS Council. He is Co-Founder of the Dreamers and Allies Run Scholarship, an Advisory Council Member on the Peace and Education Coalition Advisory



Council, and a Co-Facilitator for the "Save the Seward School Branch" Movement. He serves on the Advisory Committee for the Deputy Inspector General for Public Safety, is a Volunteer Organizer for the Peace and Education Coalition Immigration Roundtable, and serves as Chair for the Holy Cross and Immaculate Heart of Mary Parish Immigration Ministry.

Jose is an adjunct professor at Loyola Law School and opened his own law practice in July of 2017. ■

HOW HAVE YOU BEEN
INFLUENCED BY
ST. LAWRENCE SEMINARY?

"I don't think I'd be where I'm at now, with strong religious values, a fantastic education and an appreciation for all workers and people."



Bishop Paul Schmitz, OFM Cap '62

The young Paul Schmitz did not want to be a missionary—so he decided to join the Capuchins. He received his Theology degree from the Capuchin College in Washington, D.C., and was ordained in 1970. The Caps then asked him to go to Nicaragua... for just a year or two. Fr. Paul saw this as a short-term opportunity to conduct fieldwork for the anthropology graduate degree he was pursuing. He has served the people of Nicaragua as a missionary for the past 46 years.

Bishop Paul, as he likes to be called, has seen his share of danger and violence. Following a 6.2 magnitude earthquake in 1972 he was buried beneath the rubble of a collapsed sacristy for 20 minutes. His episcopal ordination to the Bluefields Diocese in 1984 took place in a tiny church in Rama because roads to the cathedral were cut off by the Contra War. On New Year's Day 1990 guerilla fighters ambushed the vehicle that he and three Sisters of St. Agnes were traveling in. They were mistaken for Sandinistas and were fired at with a grenade launcher. Two sisters were killed—he still visits their graves regularly. Bishop Paul suffered a shat-



tered arm and severe blood loss due to a gunshot wound from the automatic weapon fire that followed. Hurricane Mitch nearly wiped out Bluefields in 1998, but due to all the efforts of Bishop Paul, the area was rebuilt and survives today.

Bishop Paul's vicariate is very large, rural and lacks basic infrastructure like roads and electricity. There are over one million residents and 70% of them are Catholic. Reaching the 1,100 scattered communities spread out over 23 square miles and shepherding the people of his diocese has been a true labor of love. ■



HOW HAVE YOU BEEN INFLUENCED BY ST. LAWRENCE SEMINARY?

"I planned to be a diocesan priest, but I ended up a Capuchin. I also got to meet so many people from all across the country."

Bishop David Zywiec, OFM Cap '65

As a young man, David joined the Capuchins because as he puts it “they seem to be a very happy group.” While he was at major seminary, visiting missionaries told stories and showed slides of long missionary tours where they celebrated dozens of weddings and hundreds of baptisms. He was fascinated – to him it looked like an adventure! He volunteered for the missions. Fr. David was ordained in 1974 and was in Nicaragua by 1975. His life became inextricably linked to Nicaragua—especially the people of the Miskito Coast for which he learned to speak the Miskito language.

Traveling by car, motorcycle, boat, plane, horseback and on foot, he has worked diligently to promote education and the sense of Church as a global community. He has ad-



vocated the importance of prayer among a people that have suffered war, poverty and natural disasters. He has encouraged music and singing as a central part of prayer and celebration. He also plays the accordion. He has made evangelization the keystone of his ministry, fostering vocations among the native people, including half a dozen Miskito priests and more young Miskito men in the seminary.

Bishop Paul Schmitz made the decision to take Fr. David out of the

region for a time in the 1970s because the Nicaraguan government wanted him dead. He had publicly denounced the government for the disappearance of more than 360 people from his parish.

In 2002 he was named Auxiliary Bishop of the Diocese of Bluefields and in January of 2013, he was installed as the first bishop of the Diocese of Siuna, and is involved with fundraising to build the first cathedral there. Bishop Paul Schmitz has called him a “true missionary.” ■



HOW HAVE YOU BEEN INFLUENCED BY ST. LAWRENCE SEMINARY?

"I had a good faith experience, good friends and an early exposure to missionary work."

THE BRINDISI AWARD IS PRESENTED TO ST. LAWRENCE SEMINARY ALUMNI WHO LIVE A LIFE INSPIRED BY CHRIST'S GOSPEL MESSAGE AND WHO REFLECT THE VALUES TAUGHT AT ST. LAWRENCE THROUGH A LIFE OF SERVICE TO THE CHURCH AND THEIR COMMUNITIES. THROUGH THIS AWARD THE ALUMNI ASSOCIATION SEEKS TO RECOGNIZE AN ALUMNUS' OUTSTANDING MINISTRY WITHIN THE CHURCH, HIS CONTRIBUTION TO THE TRANSFORMATION OF SOCIETY AND HIS SERVICE TO ST. LAWRENCE SEMINARY. TO NOMINATE AN ALUMNUS, PLEASE SEND AN EMAIL TO ALUMNI ASSOCIATION PRESIDENT MARK KEMMETER AT: KemmeterM@archmil.org

FAR-SIGHTED

PLANNING FOR A LONG, BRIGHT FUTURE ON THE HILL

By: Fr. Zoy Garibay

When I was 10 years old, I remember visiting a municipal hall in the coastal town in the Philippines where I was born and raised. Inside the foyer of that old, Spanish colonial-style hall, a 3-D model of the plaza—the town’s public square—was put on display. The miniature model, measuring about 80 inches long and 60 inches wide, depicted the town square as it would look like in the future. In it were verdant gardens with trimmed grass and sculpted shrubs, tall cypress trees, flowers of different varieties and colors, a blue lagoon with a vertical fountain, stone benches and red-tiled walkways. Its centerpiece was a crescent-shaped recessed amphitheater. Behind it rose a splendid-looking Romanesque building with several arches and columns. It was the new municipal hall. I remember being in awe with what I saw. It took about 10 years for the officials to re-

the townsfolk and visitors alike.

I am reminded of this childhood memory of mine as I pondered the strategic planning for St. Lawrence Seminary. Since I joined the team in the fall of 2014, SLS has undergone major building projects over the course of three years: the renovation of St. Anthony, St. Mary and St. Thomas Halls, and the building of the new St. Joseph Hall after the old structure was destroyed in the fire five years ago. Since the completion of those projects, our facilities have never been more convenient, and the campus never looked more beautiful. Now it is time to pause, take a breather, and look at the bigger picture. At this stage in the school’s 150-plus-year history, I believed it would be a good and timely project to have. After spending much time in prayer and discernment and having consulted those who are experienced and respected in the area of governance and leadership, we proposed to the Provincial Council, and we received approval and support to embark on this significant project.

Although strategic planning may include building projects, it is much more than that. Like the miniature model in the aforementioned story, strategic planning allows for the creation of our preferred future for SLS. SLS is blessed with a clear and strong mission. Its vision, however, for a more robust and sustainable future is challenged by changing demographic

**NOW IT IS TIME TO PAUSE,
TAKE A BREATHER, AND LOOK
AT THE BIGGER PICTURE.**

alize that vision—but realize it they did! Since its grand opening, that plaza has become an attraction—the centerpiece of the town—drawing many tourists into the municipality. It is now a popular spot enjoyed by



Ryan Suzuki '20 and Emilio Silva '20 find a sunny spot to work on one of the last warm days of fall.

and socio-economic environments, the advancement of technology, and a growing competition with other schools—public or private. In this case, strategic planning also serves as a roadmap for how an institution will carry out its mission and arrive at its vision. To assist us in this undertaking, SLS has partnered with Catholic School Management (CSM)—a division of Christian Brothers Services

met with the Planning Committee and with the Provincial Council for a pre-planning and visioning session, respectively. Demographic data and other pertinent materials were submitted to CSM and reviewed. In August, a CSM representative met with all the staff members and engaged them in a Strengths, Weaknesses, Opportunities and Threats (SWOT) analysis. In September and October, online surveys were conducted to a select number of stakeholders of SLS: Capuchin friars, parents, benefactors, and alumni. In the same months, on-site individual interviews with administrators, department heads, and most members of the faculty and staff were conducted as well as focus group sessions with students, alumni, parents, and benefactors were held. The four major domains being assessed in the strategic plan are: Mission and Catholic Identity, Governance and Leadership, Academic Excellence and Operational Vitality. Once all of the data was collected and analyzed, CSM issued an Assessment Narrative Report that delineates the strategic goals and preliminary objectives. The Planning Committee then convened to discuss those goals and objectives, prioritize them, and formulate a plan of action and timeline for its implementation. Once the plan is ratified by the Provincial Council, it will be published and communicated and preparations for its implementation will begin.

The entire strategic planning process could go from nine months to one year. So far, we are on track and right on schedule. I would like to take this opportunity to thank our alumni, our students and their parents, our benefactors, my fellow Capuchins, and my colleagues, for their cooperation and support in this great undertaking. Your willingness to participate in the online survey,



Mr. Phil McCabe teaches Microsoft Excel to a class of freshmen.

and a renowned consulting organization. CSM has worked with over a hundred dioceses in the United States and worldwide and with over three thousand schools supporting their educational ministry with impressive results. They are regarded as the “Gold Standard” in the field of Catholic school consulting.

CSM’s approach to strategic planning is participative and collaborative. In order to provide representation and facilitate engagement from various constituent groups, a Planning Committee was formed, which consists of 11 members (administrators, representatives of the Ministry Council, select members of the faculty, parents and alumni). In July of this year, representatives from CSM



focus group sessions, and individual interviews is greatly appreciated. I cannot stress enough how crucial your voice is to the process. Your input in it is most valuable and, for that, I am truly grateful. Let us pray for its success and let us continue to work together to carry out the mission and achieve the vision for a better, brighter, more robust and more sustainable future for our beloved Alma Mater.

Through the intercession of St. Lawrence of Brindisi, our Patron and guide, may the Lord bless us with good health, and wisdom. May he endow us with the strength to persevere and the patience to remain faithful to our mission. May the Lord, in his great kindness, bring success to all our endeavors and plans! May He bless our endeavors and make them bear fruit forty, fifty, and a hundred-fold. ■

St. Lawrence Seminary
HIGH SCHOOL

SUMMER ACTION RETREAT

June 17-20, 2019

7th, 8th, and 9th Grade Boys

Mass and Prayer
Field Olympics
Outdoor Games
Team-Building Activities

\$50 per Student

Transportation Available From:
Marquette, MI • Escanaba, MI •
Green Bay, WI • Ashland, WI • Merrill, WI
Eau Claire, WI • Mauston, WI
Milwaukee, WI • St. Paul, MN

REGISTER BY: JUNE 13, 2019

Never E'er Be Parted

MISSING THE HILL? HAVEN'T BEEN BACK IN A WHILE?

WONDERING HOW YOU CAN RECONNECT WITH THE CALVARY SPIRIT?

HERE ARE SEVEN THINGS YOU CAN DO!

Join the Faculty and Students For Sunday Liturgy!

Sunday morning Mass is held at 10:15 in the chapel throughout the school year. All are welcome! Contact Francisco Saucedo in the Admissions Office at FSAUCEDA@STLAWRENCE.EDU ahead of time to arrange for a student-led tour afterwards!

Attend an On-Campus Alumni Event!

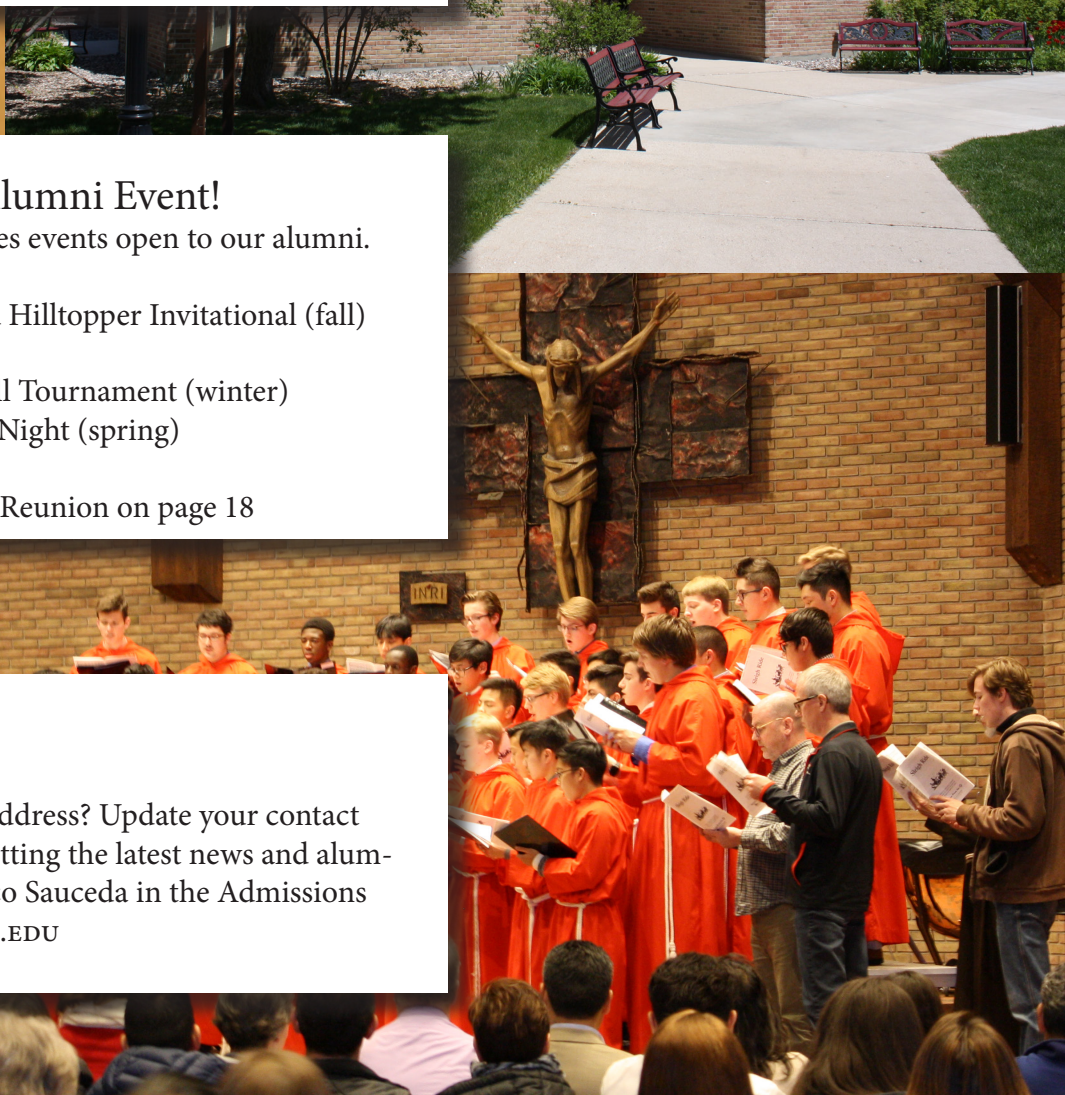
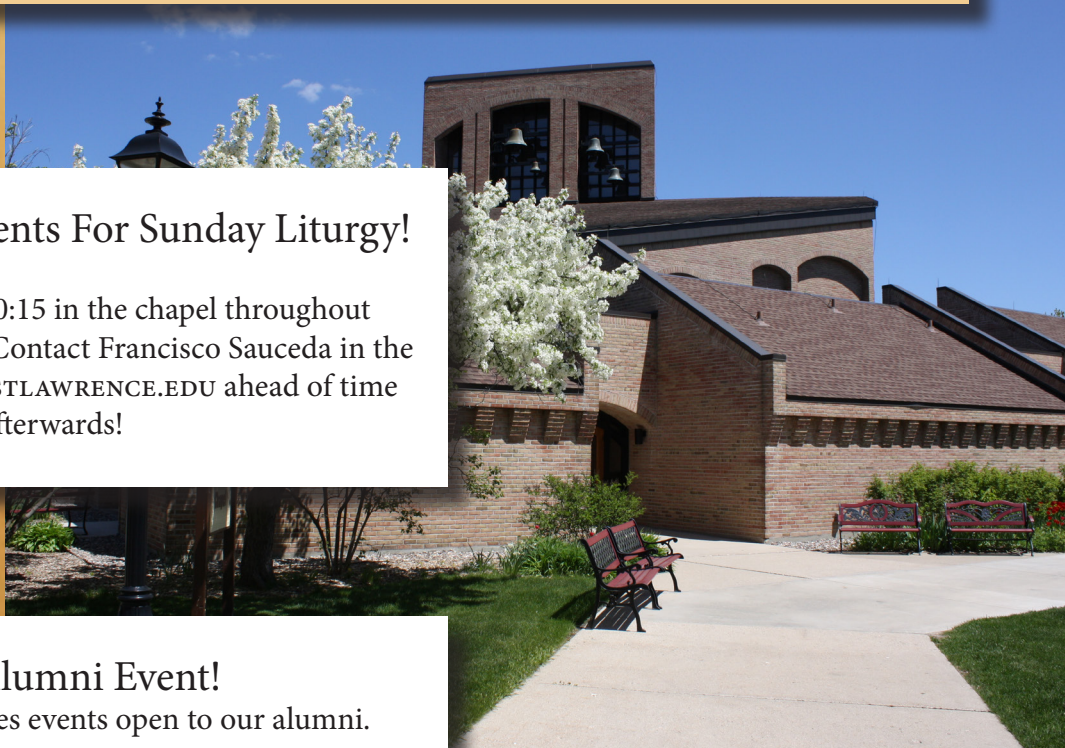
Throughout the year SLS celebrates events open to our alumni. They include:

- All-Alumni Reunion and Hilltopper Invitational (fall)
- Christmas Concert
- 3-on-3 Alumni Basketball Tournament (winter)
- School Play and Alumni Night (spring)

Read about this fall's All-Alumni Reunion on page 18

Keep Us Updated!

Moving soon? Have a new email address? Update your contact information to ensure you keep getting the latest news and alumni opportunities. Contact Francisco Saucedo in the Admissions Office at FSAUCEDA@STLAWRENCE.EDU





Join the Alumni Board!

New organization of the Alumni Board calls for 12 alumni representatives. Representatives serve a three-year term that would be renewable. The commitment consists of four annual meetings that may be attended in-person on the Hill, or remotely by phone or video conference.

Contact President Mark Kemmeter at KEMMETERM@ARCHMIL.ORG

Attend an Alumni Retreat!

New for fall of 2019: attend an on-campus alumni retreat led by alumnus and theology teacher Dr. Rick Voell '71 on Saturday, October 12th, 2019.

Take time to renew, reflect on and deepen your spiritual journey. Grow in awareness of the movements, patterns and challenges of the spiritual life. Contact Rick Voell at RVOELL@STLAWRENCE.EDU

Attend a Local Family and Alumni Picnic!

SLS faculty, students, family and alumni come together for picnics in Milwaukee and Chicago.

Chicago: Saturday, August 3rd, 2019

Milwaukee: Saturday, August 10th, 2019

Check the alumni website calendar for details or call Francisco Saucedo in the Admissions Office at 920-753-7518 for details.



Host an Off-Campus Alumni Event!

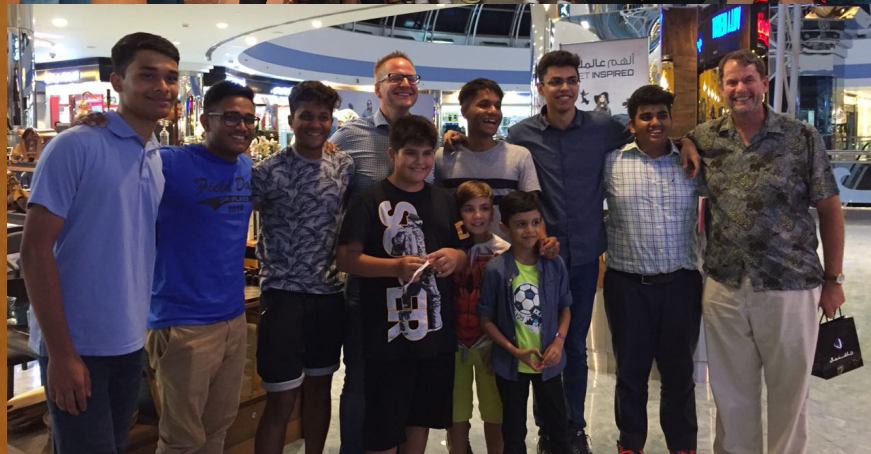
There are probably alumni and current families who live near you, and you don't even know it! Organize a get-together in your town. It can be big or small. Contact Francisco Saucedo in the Admissions Office at FSAUCEDA@STLAWRENCE.EDU to get a list of local alumni and current families.

On the next page, read about the gathering alumnus Tobias Beutgen put together in Abu Dhabi!

SLS Abroad

Sharing what the Hill means to you can be done anywhere in the world. Read about these international examples!

SLS IN THE UAE by: Tobias Beutgen



The whole SLS group after Mass at St. Paul's Cathedral (top), out to BOUNCE in Abu Dhabi (middle), and then at dinner at a Lebanese restaurant (below).



The idea behind putting together the first “SLS UAE Meeting” was to connect with families living in the United Arab Emirates who have ties to St. Lawrence: to meet and support each other in our daily challenges, growth of faith and unity in prayer, as well as to simply spend some quality time together and have fun!

We also wanted to share memories, get updates of what is happening at SLS and discuss how we can support the school in the future.

This past summer we met at St. Paul's Cathedral in Abu Dhabi. After celebrating Mass, Fr. Paul Craig showed us the church as well as the administration building. Afterwards, the younger alumni as well as the current and future students enjoyed jumping at BOUNCE Abu Dhabi. The older generation had coffee, tea and muffins. At the end we all enjoyed dinner at a Lebanese restaurant. You can see that it was quite good food if you compare the pictures of us before and after dinner.

The SLS world is globally united in prayer, faith, fun and food! This gathering, had people who were Indian, Portuguese, American, German, Syrian, Korean and, most importantly, truly Catholic!

We realized that there is a challenge to get new students, so we are now organizing presentations at parish events in the UAE representing the school. The first one was at the St. Francis Parish in Jebel Ali, in Dubai this past November.

And more SLS UAE Meetings are in the works for 2019! ■

SLS IN SE ASIA

by: Francisco Saucedo '02



(Above) Fr. Zoy, Francisco Saucedo and Dave Bartel with Bishop Joseph Dinh Duc Dao. (Below) Meeting interested students and their parents in Vietnam.



(Above) Out to dinner with alumni in Seoul, Korea. (Below) Gathering with over two dozen alumni, current students, future students and their families.



The last three or four years, the Admissions Office has seen an increase of applicants from Vietnam. Fr. John Holly, during his time as Rector, went to Vietnam to help build relationships there on behalf of St. Lawrence Seminary.

Since then, Fr. Zoy has continued to be in contact with current and former parents from Vietnam, and he decided that it would be good to go to Vietnam and continue to strengthen our relationships there.

So on Wednesday, January 2, Fr. Zoy (Rector/President), Mr. Dave Bartel (Academic Dean), and I traveled to Ho Chi Minh City, Vietnam.

During our visit, we were able to meet with Bishop Joseph Dinh Duc Dao, Bishop of Xuan Loc, Vietnam, and he expressed his support of our school, program and efforts in Vietnam to help families learn about St. Lawrence Seminary.

Through a parent of two current students, we were able to make a presentation about St. Lawrence Seminary at an international school and interviewed 36 interested students ranging from 7th-11th grade. We also met with various pastors in the area, and Fr. Zoy concelebrated at a few Masses.

While we were planning our trip, we also thought it would be good to visit with our current and former families and alumni in Korea. The morning of Monday, January 7th, we left Ho Chi Minh City and landed in Seoul, Korea. That evening we gathered with 26 alumni, students, parents and prospective students.

Some parents and alumni were not able to make it to the dinner on January 7th, so we were able to meet them the next day. Our return flight departed on Wednesday, January 9th.

While it was a short trip, it was a great opportunity for St. Lawrence Seminary to establish new relationships and strengthen old ones. ■

MEET ME ON THE HILL

The All-Class Reunion

by: Anthony Van Asten '01

Every fall St. Lawrence Seminary hosts an all-alumni reunion. Held in conjunction with the annual Hilltopper Cross-Country Invitational, the reunion is a chance for alumni to get back to the Hill, reconnect with old friends and spend a day re-exploring the campus that became our home-away-from-home.

More than 100 alumni from a number of classes gathered at this year's annual reunion, held on Saturday, September 15th. They played soccer against the current JV and varsity teams, ran in the Hilltopper CC Invite fun run, toured campus, attended strategic planning sessions, celebrated Mass, recognized outstanding alumni and shared a meal.

Stories were shared by the hundreds. Classmates reunited. Sons of Calvary of different generations met for the first time. Alumni recalled for one another how their lives were impacted by this special place.

We asked some alumni how St. Lawrence has changed their lives. "Total," said Paul Albinger '70. "It formed the basis for who we are and what we did [after high school]."

"We built long-lasting relationships," Albinger's 1970 classmate, Larry Brunner, chimed in. "We were truly family. There was a definite camaraderie between students."

"Incredible," replied Tim Kell '98 as he and classmate Pat McKean roamed campus. "Life-changing. You get to know more about different people and realize who they are."

Alan Jungbluth '70, considered how St. Lawrence taught him interpersonal skills that helped him in his future relationships in and out of the workplace. "We learned to problem solve. We lived with



Donovan Stier '16, Kelly Paulsen '18, Connor McCabe '16 and Marcial Perez '16, back on the Hill.



Peter Warmka and Michael Mondloch of 1978 found the new publications office in St. Mary's Hall.



Graduates of 1998 Tim Kell and Patrick McKean caught a bite to eat in the canteen.



Alan Jungbluth '70 enjoyed a bit of shade outside St. Conrad Hall on his visit to the Hill.



Trevor St. John '10 and his wife Rachelle checked out the new St. Thomas Hall.



Paul Albinger and Larry Brunner, classmates from 1970, explored campus with their wives.

each other all day long! We were taught how to treat others in our careers later on with virtues of kindness, charity and forgiveness."

The class of 1978 made a weekend of it to celebrate their 40th reunion. Michael Mondloch commented on the time away, "After 40 years for some of us, we all came back together and communed again like old buddies."

He further reflected on our question from a spiritual perspective. "Looking back on it, I felt the seeds of Franciscan teaching. I didn't realize my faith growing at the time, and I knew and felt its fruits only after I had left and graduated. I formed interpersonal relationships that acted as a conduit for the Holy Spirit."

Students of all eras have a similar reaction: St. Lawrence is a special place of growth, friendship and spiritual development. It may have been years, even decades since an alum's last visit. Our journeys have taken us to all corners of the globe. But as Larry Brunner put it, "Coming here today felt like coming home." ■



Now is the time...

EXPLORE

THE ST. LAWRENCE DIFFERENCE

Schedule Your
WEEKEND VISIT

- September 5-8
- October 24-27
- November 14-17
- December 12-15
- February 6-9
- March 19-22
- April 2-5



DAY OF DISCOVERY

- October 27, 2019
- May 3, 2020





WINTER CARNIVAL!



Students compete in sports such as broomball (above) and snow soccer (below) with members of their fraternities.

In 1973, Br. Dismas Seward organized the first Winter Carnival. It was designed as a way to help break up the doldrums of Wisconsin winters. Each Winter Carnival is dedicated to Our Lady of the Snow.

This winter students braved sub-zero temperatures to celebrate this tradition that dates back over four decades. They played football, soccer and broomball in the elements. The weekend culminated with a student-faculty basketball game.



CLASS NOTES



The class of '98 gathered recently to celebrate their 20th class reunion!

MARK YOUR CALENDARS!

SPRING PLAY ALUMNI NIGHT: MAY 4

CHICAGO FAMILY-ALUMNI PICNIC: AUG. 3

MILWAUKEE FAMILY-ALUMNI PICNIC: AUG 10

ALUMNI RETREAT WITH DR. RICK VOELL '71: OCT 12



The class of '78 got together to celebrate their 40th class reunion!

GETTING TOGETHER WITH SOME FELLOW ALUMNI? SEND US A PICTURE AT: SONSOFCALVARY@STLAWRENCE.EDU

PHOTO FLASH BACK

Louie Welna '62 sent us this photo (that's him in the back on the far right) and included this fond memory of Fr. Louie, "...who returned my Greek test with so many red marks on it and said in his deep Bavarian voice: 'You know, Mr. Welna, I took the vow of poverty. I am only given so many red pencils for the year, but if you keep this up I shall be forced to kneel down and ask Father Provincial for more pencils and break my vow. You don't want to make me have to do that, would you? Then with a kindly wink and smile, he dismissed me from his desk.'"



RAISED ATOP A LOFTY HILLSIDE

THE ORIGIN OF OUR

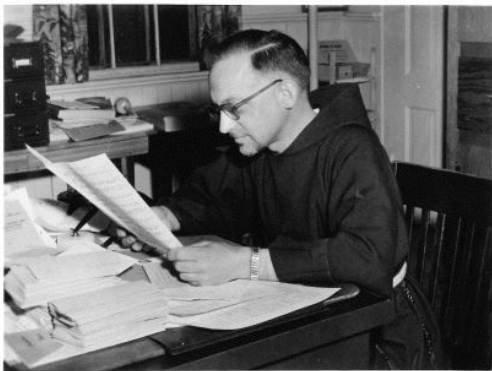
BELOVED "ALMA MATER"

by: Anthony Van Asten '01

Thousands of alumni have sung the "Alma Mater" of St. Lawrence over the decades. The first few iconic lines evoke an immediate image of a regal seminary amidst a pastoral landscape. And nostalgia. Lots of nostalgia.

For some of us, we first fell in love with the tune as we treaded the halls of SLS. For others, maybe it was when we heard the "Alma Mater" of our colleges and found them to be somewhat lacking. For many, it probably wasn't until long after we bid farewell to the Hill of Happiness.

The story of our "Alma Mater" dates back to the 1950s and Fr. Irvin Udulutsch, a well-loved Capuchin



friar and music teacher at St. Lawrence Seminary. He directed the student choir and wrote music used in liturgical settings. This music included Latin chant scores sung by the choir. He is credited

with writing the Seminary's "Alma Mater" sometime in the 1950s.

According to Fr. Gary Wegner '76, students sung the "Alma Mater" often at school functions through the 1970s: "There was about a 10-year period from the mid-80s until the mid-90s that it was rarely, if ever, used." Fr. Gary was on staff in the 1990s and advocated for its return. Today students, staff and alumni regularly sing the "Alma Mater" at celebratory Masses, banquets and other events, the culmination of which is commencement, wherein the senior line, "Though approaching graduation..." changes to "This our day of graduation..."

Alumni will remember how it is customary for only students and alumni to stand during the singing of the "Alma Mater." It was always an opportunity to learn whom of the faculty had attended the Seminary.

So, whether it's been awhile or not, go ahead and sing it out loud. Stand up, even. I promise it'll bring back some sweet memories of a joyous past. ■

Raised atop a lofty hillside,
Arched against the blue
Stands our noble Alma Mater
Glorious to view.

LOVE HER SPIRIT, HOLD IT EVER,
LET OUR LIVES PROFESS.
WE ARE LOYAL SONS OF CALVARY,
HILL OF HAPPINESS.

Though sweet memories are shadowed
Of our joyous past,
Beams shall linger of her portals
Cherished to the last.

LOVE HER SPIRIT...

[Seniors]
Though approaching graduation
Bids us all farewell,
We shall never e'er be parted
While fond mem'ries dwell.

LOVE HER SPIRIT...

Midst her walls still echo footsteps
Guided to their aim.
All who tread her halls so stately
Ever love her name.

LOVE HER SPIRIT...



Saying Goodbye to Bertha

A SENIOR REFLECTS ON FOUR YEARS IN CROSS-COUNTRY by: Anthony Le '19

Running a cross-country race takes an incredible amount of will power and self-motivation. It is a journey of physiological and psychological growth, for running is as much mind as it is body. It says something of a person's character to jump into this sport. And, given that many SLS cross-country runners start with absolutely no experience, it is amazing to see how quickly new guys can improve.

The first week is always the hardest week to endure: the days are hot and your cardiovascular endurance still needs work. You haven't stayed in shape over summer. Your muscles are not strong enough and cramps occur unceasingly.

Once you make it past the first week, the real fun begins. Guys are willing to run and morale is strong.

The true test comes during the middle of the season when fatigue hits faster than the smell of cow manure during an off-campus practice. Luckily, Coach taught you to smile while you run to boost your performance.

Any runner with experience running will find it quite difficult to smile while struggling to gasp for a breath of air...especially if that air is wafting off a cow pasture on an 80-degree day.

As the season progresses, however, you start to adapt to the strenuous activities that are involved with running. If you're lucky enough, you might even achieve "runner's high," a state of euphoria induced by an extended period of running.

Midway through the season, St. Lawrence Seminary hosts the no-

torious Hilltopper Cross-Country Invite. And though you practice the course almost every week, you must remember: never underestimate Big Bertha. Home turf to us, the name strikes fear to visitors. This legendary hill rises over 300 feet above the landscape, intimidating to all who dare to challenge it. Daunting, yes, but there's something comforting to a cross-country runner, knowing that Bertha is *our* hill.

Nothing is more satisfying than looking back on an exhausting season and finding it worthwhile. Year after year runners deal with many challenges that discourage them from continuing. Life is surely not without its hardships, and yet as a cross-country runner, you learn perseverance. Cross-country becomes more than a sport. It is a testament to all your hard work and accomplishments. Those 3.1 miles are a journey, an internal fight to overcome all the pain so that at the finish line you can smile and say, "That wasn't so bad after all."

Much like our journey at SLS, cross-country has its own ups and downs. This crazed roller coaster of adrenaline-fueled emotions takes runners on pathways that they would have never traveled otherwise. It only requires you to take the first step. ■

HAVE A STORY TO TELL OR A MEMORY YOU WOULD LIKE TO SHARE? WRITE TO US OR SEND AN EMAIL AT: sonsofcalvary@stlawrence.edu



Senior Anthony Le tops Big Bertha for the last time as a student.

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